

Available Resources in the Minot Area

Emergency Shelter in Minot

Minot Area Homeless Coalition –Temporary emergency shelter upon availability usually 2 or 3 night stay. 852-6300

YWCA Women’s Shelter (838-1812) – For women and children (boys under 11) 838-1812

Men’s Winter Refuge (822-2585) –Temporary shelter for men during winter months. Must meet entry requirements. Office# 837-0218 (Stay is from 7pm to 8am daily). (Oct –Mar 31st)

Domestic Violence Crisis Center

Can provide temporary shelter, transitional housing, assistance with protection orders, and other supportive services as needed for those involved in a domestic violence situation. Contact 852-2258

Minot Housing Authority

Provides housing assistance to low income residents through the management of programs such as Low Rent Public Housing and the Housing Choice Voucher program-Section 8. These programs are income based and the eligibility guidelines are set by HUD. There may be waiting lists for rentals or vouchers and at times the lists may close to new applicants based on the size of and length of wait on the lists. If you are in need of housing assistance in the area please contact the Housing Authority directly to obtain more information about eligibility requirements, availability of rentals or vouchers, the status of any waiting lists and their application procedures. Phone#852-0485

Rental/Deposit Assistance

Ward County Social Services - general assistance program. You must apply in person. 852-3552

Salvation Army – Assistance for eviction only. You must apply on Tuesday’s or Thursday’s in person. 838-8925

Community Action – You must meet specific criteria. 839-7221

Minot Area Homeless Coalition – You must apply in person and is to prevent homelessness and secure permanent housing. 852-6300

Utility Assistance

Ward County Social Services – 852-3552

Salvation Army – must have a shut off notice. (Does not do water) 838-8925

Community Action – Non-heat electric bills only, must have shut-off notice and be on fuel assistance. 839-7221

Minot Area Homeless Coalition – 852-6300

Transportation Assistance

North Dakota Association for the Disabled (838-8414) – for travel of people with disabilities to and from appointments.

Salvation Army – emergency medical appointments only. 838-8925

Community Action – One time assistance for job seeking and to travel to and from work, must meet income eligibility, if seeking employment, resume must be active on Job Service website. 839-7221

Minot Area Homeless Coalition – in order to prevent homelessness or get to and from work. 852-6300

Transportation

Souris Basin Transportation 852-8008

City Bus 857-4140

Central Cab Company 852-8000

Taxi 9000 852-9000

Amtrak - 400 1st Ave SW (Station Building with waiting area in Minot)

Minot Bus Depot (701) 852-2477- The depot is open daily, including weekends and holidays from 6:00am to 6:45am and 4:30pm to 6:15pm

North Dakota Assoc. for Disabled (NDAD) 838-8414 (for travel of people with disabilities to and from appointments)

If on Medicaid, you can contact your Ward County Social Services Worker for Taxi vouchers to and from medical appointments.

Medication Assistance

NDAD – 838-7345

Salvation Army – 838-8925

Community Action -One time assistance for prescription medications and/or diabetes supplies. Must meet income eligibility & have no medical coverage or prescription coverage. Must provide a current written prescription. Narcotics are not eligible. 839-7221

Minot Area Homeless Coalition –life saving medications such as heart, blood pressure, diabetes, etc. 852-6300

Shower Assistance

Community Action - Shower vouchers. Applicants must be income eligible, homeless and seeking employment or employed. If seeking employment, resume must be active on Job Service website. 839-7221

Identification

Minot Area Homeless Coalition – assistance in obtaining necessary identification such as Photo ID or birth certificate. 852-6300

Food Pantries

Our Lady of Grace (located at 707 16th Ave SW) Phone#839-5520 (Open from 1-4 on M,T,T, F)

Salvation Army (located at 315 Western Ave) Phone#838-8925 (Open 10a-noon & 1-3p M-F)

The Lord's Cupboard (Located at 1525 West Burdick Expressway) Phone#822-2263 (Open Monday: 10am to 1pm, Wednesday: 1pm to 4pm, Friday 2pm to 5pm)

Emergency Food Pantry Assistance

Salvation Army – (Located at 315 Western Ave) 838-8925

Community Action – (Located at 2020 8th Ave SE) 839-7221

Minot Area Homeless Coalition – (located at 105 1st St. SE) 852-6300

Free Clinic

City and Country Clinic – (located at First Lutheran Church, 120 5th Ave. NW) Call 833-1951 to find out days of operation.

Northland Community Health Center

A federally funded health center serving anyone in need of a medical home regardless of their insurance status or ability to pay and mental health counselling. Located in the Arrowhead shopping center. 852-4600 Also provides dental service at 315 S. Main, 3ed floor room 314. Phone# 838-3051

County Social Service Offices

To obtain food stamps, TANF, Medicaid and Child Care Assistance

Burke County-701-377-2313

Bottineau County-701-228-3613

McHenry County-701-537-5633

Mountrail County-701-628-2824
Renville County-701-756-6374
Pierce County-701-776-5818
Ward County-701-852-3552

Independence Inc.

Can assist with helping individuals with Social Security Disability paperwork, finding accessible housing and independent living skills. 839-4724

Community Options Inc.

Community Options, Inc. provides residential, day, in-home, and family support services. Located at 300 3rd Avenue SW Minot and contact number is (701) 852-0174

North Central Human Service Center

Provides and promotes efficient and effective services to benefit children, adults, the elderly; and families experiencing emotional problems, mental illness, family relationship concerns, addiction and disability issues to help people maintain or enhance their quality of life. Transition to Independence Program that successfully transitions young individuals to independence. 857-8500

Rehab Services

Provides progressive options for youth and for people with disabilities focusing on employment, housing, and economic development. Some programs are Social Security Benefits Project, Recovery House, Brooklyn Flats, Community Service, etc. contact number 839-4240.

ND Job Services

Provides a listing of available employment opportunities and veteran services employment as well as applying for unemployment benefits 857-7500

SSVF Program run through Community Action

Supportive Services for Veterans Families helps homeless & at-risk veterans secure safe, stable housing and supportive services. 839-7221

Legal Services

A non-profit organization which provides legal assistance for a variety of matters to low income and elderly North Dakotans under 60 Call toll free 1-800-634-5263. Age 60+ call toll free 1-866-621-9886

HUD-VASH HCHV Outreach Social Worker Minot Region

Worker can help veterans with a housing voucher considering availability and case management. Contact case manager at 852-0177.

American Red Cross

Provides assistance to those hit by a disaster (flood, tornado, fire, etc.). Contact 852-2828

Emergency Shelters in North Dakota

Abused Adult Resource Center-Pam's House 701-222-8370 (W/C)

Ruth Meier's Hospitality House 701-222-2108 1800 E. Broadway Ave. Bismarck, ND 58501 (M/W/C)

Welcome House 701-751-1218 2910 E. Broadway Ave. Bismarck, ND, 58501 (M/W/C)

Northlands Rescue Mission 701-772-6600 420 Division Ave. Grand Forks, ND 58201 (M/W/C)

Gladys Ray Shelter 701-364-0116 1519 1st Ave S. Fargo, ND 58103 (M/W/V/A withdrawals)

YWCA Cass/Clay 701-232-2547 3100 12th Ave N. Fargo, ND 58102 (W/C)
New Life Center 701-235-4453 1902 3rd Ave N. Fargo, ND 58107 (M/W/C)
Churches United for the Homeless 218-236-0372 1901 1st Ave N. Moorhead, MN (M/W/CO)
Dorothy Day House men only 218-233-5763 714 8th St S. Moorhead, MN
Dickinson Churches United for the Homeless 701-227-1464 (Temporary shelter during winter months only)

- M=Men W=Women C=Children V=Veterans A=Addiction withdrawals

Community Travel Assistance

A program that seeks to assist travelers in the Minot area who have experienced financial difficulties and require assistance. The program is administered by the Minot Police Department, 852-0111.

Kalix

Provides individualized residential and vocational services to people with disabilities. Contact number is 852-1014.

REM

REM supports include a range of residential services and day programs designed around the needs and preferences of each person we serve. We match each individual's strengths with programs we provide, as well as those available in the community. Contact number is (701) 839-6630.

VET Center

Provides a broad range of counselling, outreach and referral services to combat veterans and family members to assist and overcome the readjustment problems associated with war and personal trauma. Contact number 852-0177

Money Follows the Person

Helps with finding decent, safe, affordable and accessible housing for persons that are MFP qualified and wish to transition out of institutions or nursing facilities and back in to the community in the least restrictive setting possible. Phone # 858-3405 or toll free 1-800-233-1737 ext. 3405

USDA Rural Development

Has financed apartment complexes that provide housing and rental assistance for low income applicants. The website to locate a project and manager's contact information is <http://rdmfhrentals.sc.egov.usda.gov/RDMFHRentals/selectstate.jsp> . Select state and then county to find projects. You may also call 701-530-2037 or e-mail info@nd.usda.gov for more information."

Command Labor

Provides temporary jobs for people on a daily basis, as well as paychecks that day. Phone#839-9675

Utah Construction Personnel

Provides temporary staffing for people on a daily basis, as well as paychecks that day. Phone#838-0830

Harmony Center

Psychosocial recovery program for adults diagnosed with a mental illness. Also has a Peer Support Group to help focus on recovery. 852-3263

Drug and Alcohol Addiction: Private Providers in Minot

Cornerstone Addiction Services	839-0474
Goodman Addiction Services	852-3869
Bob Hayse Addiction Services	838-1422

Dakota Hope Clinic

Provides free pregnancy tests, limited ultrasounds, and parenting education to earn baby items, pregnancy options, STD information, Abortion Recovery Referral and Resources & Referrals. Phone#852-4673 located at 315 S. Main St. Suite 205

Experience Works

Experience Works assists adults 55 and older who are unemployed and meet income guidelines. The goal is to help eliminate barriers to finding employment. Therefore the services they provide participants are: training to upgrade skills or learn new skills; job search assistance and training; part time on-the-job training; and other supportive services identified that may be hindering their job search. For more information, call 1-877-314-7627. There are four offices in the state: Minot office 701-838-9675; Bismarck 701-258-8879; Dickinson 701-483-1333; and Fargo 701-232-2489.

Dakota Family Services

Provides outpatient mental health services with professional excellence, Christin integrity and compassion. Phone# 837-6508 located at Dakota Boys & Gils Ranch 6301 19 Ave. NW.

www.dakotafamilyservices.org For a confidential appointment call toll free: 1-800-201-6495

Minot Property Management Companies

Anchor Realty	701-852-4626	www.anchorminot.com
B&B Properties	701-833-6509	
1 st Minot Management	701-839-7505	www.apts.minot.com
Buldawg Apartments	701-852-0760	
CPI, LLP	701-721-5070	
Cambridge Development LLC	701-720-4567	
Creative Property Mgt.	701-852-5028	www.creativeminot.com
DLSL Properties, LLP	701-240-0798	
Dave Hanson Rentals	701-770-3910	
Glacial Holdings, Inc.	701-852-9743	www.ghpmnd.com
IMM	701-852-3648	www.immapartments.com
IPM, Inc.	701-852-1157	www.minotrentals.com
IRET Properties	701-837-7368	www.iretapartments.com
Leier Properties, LLC	701-839-4329	
Lonesome Dove Properties	701-280-9702	
M&J Rentals	701-833-5195	
MAGCO, LLC	701-837-0170	
MLP Properties	701-833-8430	
More Properties	701-852-7535	www.morepropertiesminot.com
Northgate Apartments	701-852-6770	
Northridge Property Mgt.	701-822-2412	www.northridgepm.com
Perkins Properties	701-509-1929	
Prairie Rose Apartments	701-833-3993	
Prairieview Properties	701-267-3623	
Rau Rentals	701-721-9622	
SMC	701-839-4200	www.smc-minot.com
Sanders Properties	701-833-2568	
Souris Valley Apartments	701-720-2052	
Stonebridge Farms Apts.	701-356-7867	
TVP Properties, LLC	701-838-6899	
Watne Realtors	701-852-1156	www.minohomes.com
Watts Property Management	701-833-3689	
Way Properties, LLC	701-721-0119	
Zimmer Rentals	701-838-3131	

**MINOT COMMUNITY
LUNCHEON/DINNER LISTING**

MONDAY – 11:00 TO 12:30
FAITH UNITED METHODIST CHURCH
(Congregational United Church-430 N Broadway)
839-1064

TUESDAY – 11:00 TO 12:30
CHRIST LUTHERAN CHURCH
Katie's Kitchen
502 17th St. NW (838-9561)

WEDNESDAY – 11:30 TO 12:30
IMMANUEL BAPTIST CHURCH
1615 2nd Street SE
839-3694

THURSDAY – 11:30 TO 12:30
ALL SAINTS EPISCOPAL CHURCH
301 South Main Street
839-1037

FRIDAY – 11:30 TO 12:30
FIRST LUTHERAN CHURCH
120 5th Avenue NW
852-4853

SATURDAY – 09:30 TO 10:30
CONGREGATIONAL UNITED CHURCH OF CHRIST
430 North Broadway
839-1064

SUNDAY – 11:00 TO 1:00
SEVENTH DAY ADVENTIST CHURCH
10 17th Avenue SW
839-6478

EVENING MEALS

**Cornerstone Presbyterian Church
1000 3rd Street NE
Every Wednesday night
5:00 to 6:30 p.m.
852-0315**

**St. Leo's Catholic Church
(Starting April 6th)
218 1st St. SE
Every Monday night
5:30 to 6:30pm**